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| **5 Squoljuiku’s 2017** | **May 5, 2017** | **5 mai 2017** |
|  | 9:00am-3:30pm | 09h à 1530h |
| **Location:** Halifax Regional School Board, 33 Spectacle Lake |
| **Maps Link:** <https://goo.gl/maps/71HoGjUT5eP2>  |

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| **8:30-9:00**  | Registration/Display Set Up (Doors open at 8:30) |
| **9:00-9:15** | Pjila’siWelcome & IntroBienvenue & intro |
| **9:15-9:30** | Affirmation |
| **9:30-10:45**  | Breakout Sessions A, B, C (See description attached) |
| **10:45-11:00**  | Break |
| **11:00-11:30** | SP School Board Presentations (AVRSB, CBVRSB, CCRSB, CSAP) |
| **11:30-11:50**  | Group Presentation: “Making Chowder” |
| **11:50-12:00** | Instructions for Board Display Networking/Passport |
| **12:00-12:30** | Lunch |
| **12:30-1:15**  | Networking/Display Boards (Switch halfway) |
| **1:15-2:30**  | Breakout Sessions D, E, F (See description attached) |
| **2:30-3:00**  | SP School Board Presentations (HRSB, SSRSB, SRSB, TCRSB) |
| **3:00-3:30**  | Announcements/Door Prizes/Closing Remarks/EvaluationAnnonces/prix/mot de la fin/évaluation |

\*Google Apps will be open all day where participants can enter items/learnings that they plan to bring back to their practice on the SchoolsPlus Collaborative Whiteboard.

**Breakout Sessions Chart**

**Morning**

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| **Time** | **Session** | **Title** | **Room Location** |
| 9:30-10:45 | A | A Panel on Cultivating Self-Care and Organizational Wellness | Main Room |
| 9:30-10:45 | B | Principles and Techniques of Motivational Interviewing | Room 105 |
| 9:30-10:45 | C | Grant Writing – Strategies for Effective Grant Applications | Room 301 (Upstairs) |

 **Afternoon**

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| **Time** | **Session** | **Title** | **Room Location** |
| 1:15-2:30 | D | Co-regulation – Setting the Stage for Self-Regulation | Main Room |
| 1:15-2:30 | E | Courageous Conversations about Race | Room 105 |
| 1:15-2:30 | F | Trauma Informed Practice (TIP) Implementation – How to Integrate TIP into Organizational Culture | Room 301(Upstairs) |

**Breakout Sessions Descriptions**

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| **Session A:** | **A Panel on Cultivating Self-Care and Organizational Wellness** |
| **Room:** | **Main room** |
| **Panelists:****Michelle Greencorn*, Canadian Mental Health Association*** will be speaking about psychologically safe work space in the context of SchoolsPlus teams.**Prasanna Kariyawansa*, IWK, Co-Chair, Psychologically Safe Work Space Committee*** will be focusing on implementation of Trauma Informed practices as a means of supporting staff teams.**Cléo Burke*, M(Ed), Private Practice*** will be speaking about the implications of Mindfulness and Yoga practice on self-care for teams working in human services. |
| **Description:** Working with students and their families who experience multiple barriers to education and wellness can be rewarding and can also present challenges/stressors for service providers. This session will provide an overview of strategies for individuals, teams, and organizations to cultivate self-care and organizational wellness. This session will also offer an opportunity for participants to ask questions and further a dialogue on wellness among our SchoolsPlus team, community of service providers in schools, and allied agency settings such as community and government agencies.  |

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| **Session B: Principles and Techniques of** **Motivational Interviewing** |
| **Room:** | **105** |
| **Presenter:** | Scott Janssen*, MSW, Clinical Practice Educator, Education and Training Team, NSHA* |
| **Description:** Back through popular demand, Scott Janssen, MSW will be offering a session on the principles and techniques of Motivational Interviewing (MI). This session will be similar to last year where Scott explored the five central principles of MI, acronym DEARS. MI has increasingly been recognized as a useful skill set for service providers to establish therapeutic relationships with service users as well as foster meaningful collaboration. |

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| **Session C: Grant Writing** – **Strategies for Effective Grant Applications** |
| **Room:** | **301 (upstairs)** |
| **Presenters:** | Monique Mullins-Roberts*, Coordinator, Dartmouth Community Health Board, South Eastern Community Health Board* Anna Jacobs*, Community Development Advisor, Diverse Communities Nova Scotia Health Authority, Central Zone* |
| **Description:** Grant writing is a technical skill that can help SchoolsPlus and allied partners further the SchoolsPlus model by enhancing supports and services that our students and their families receive. Monique and Anna will lead us through the mechanics of grant writing, what helps build a successful application, as well as ideas on collaborative submissions.  |

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| **Session D: Co-regulation – Setting the Stage for Self-Regulation** |
| **Room:** | **Main room** |
| **Presenter:**  | Beth MacInnis*, SSRSB, Psychologist* |
| **Description:** This session will explore affect/emotional regulation strategies for both service provides and students. Takeaways will include tools to help build co-regulation opportunities into the daily lives of students that are adult led and developmentally centered.  |

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| **Session E: Courageous Conversations about Race** |
| **Room:**  | **105** |
| **Presenters:**  | Steven Carrington*, Student Services Consultant, EECD, African Canadian Services Division*Jude Gerrard*, Corporate Strategist, Labour and Advanced Education* |
| **Description:** This session will offer a 101 understanding of how to approach talking about race and integrating cultural responsiveness into practice. A practical tool for guiding this process will be modeled and offers a takeaway for ongoing use in SP sites for service providers, students, and families. |

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| **Session F:**  | **Trauma Informed Practice (TIP) Implementation – How to Integrate TIP into Organizational Culture** |
| **Room:**  | **301 (upstairs)** |
| **Presenter:** | Holly Murphy*, Advanced Practice Leader, Trauma Informed Care Mental Health and Addictions Program, IWK* |
| **Description**: Integrating Trauma Informed Practices (TIP) into organizational culture can augment the daily experiences of students and families, which maximizes learning. These approaches also center on service provider wellness. The presenter will explore successes and challenges related to TIP integration in settings including teams, physical spaces, leadership and policy. Takeaways will include tools to assist with organizational supports for TIP. |